511 necessity, by pressing the paste flat on the inside of the cover and
415 putting it over the fire; the top knob of the pottery always remains cool
252 enough to be touched by the time the paste is baked. On festival days
415 my mother bought dozens of little earthern dishes, no bigger than an
392 English coffee saucer. They were called *hsi-mi-khwet*, oil-flame dishes,
527 in which we burned lights of cotton wick and kerosene, and lined veran-
511 dahs and window-sills with bright fairy lights in the night breeze.

We had stoneware in the house too. The *kyaukpyin* is a flat cir-
511 cular piece of stone for grinding the bark of the *thanakha* (*limoria*
324 *acidissima*) tree, to use as a cosmetic. It has a canal all around to receive
412 the ground paste. Kyaukpyins can be bought in all varieties and
303 sizes in any bazaar, but my mother always got hers through the headman of Salé village, in Upper Burma, where they use a particularly suitable kind of rock which is durable and yet helps to make the paste smooth. We had some beauties, heavy pieces of about 14 inches across, a square around the circular canal, with carved figures on the corners and the ponderous legs. With the right quality of bark the ground thanakha fell in a smooth golden flow into the canal. Formerly, all women used this cream as the sole substitute for powder, letting it dry on the face and whiten it, but the sophisticated ones now use imported powder as giving a less artificial appearance.

302 Yet even the most ardent Max Factor fans cannot give up thanakha entirely for its great value lies in its astringent properties; it would have great success with European women who use mud-packs, because it acts like a mild and pleasant mud-pack. It also has cooling and refreshing properties, it is fragrant; older women apply it over the entire body after their baths, like talcum powder. My mother says it smooths the skin and, indeed, victims of smallpox who are left with deeply marked faces, have their skins smeared with thick thanakha many times a day, and
303 after a few months there is a definite improvement. The thanakha
512 bark is the most used, but barks of the red and white sandalwood and other trees (*nethapyu, nethani, kalamè, a-hmway*) are more fragrant and used on the body. Bad bark from the bazaar grinds gritty and dries patchily, but special consignments come from Myingyan and Pakokku, cut into six-inch lengths from branches two inches in diameter. A daily task of the girls in each household is to grind thanakha, and the commonest sight is a girl on a verandah with a kyaukpyin, a mug of

water and a basket of logs; she pours water and grinds unceasingly, bored to tears, and then scoops the paste into separate dishes for use on face, body and legs. 303 512

Our toilet to this day never included imported combs. Even the most frivolous girls in the University prefer Burmese combs. Burmese women, unlike Siamese and modern Chinese and Japanese women, wear their hair long without exception, and European combs could never cope with so much work. At one time, the village girls did favour long, bright bakelite combs to wind the hair around in a knot at the back, but the fashion was ridiculed as "aeroplane head-dress" and soon died. Burmese utility combs for general use and for distribution to servants of the household are made of wood and shaped according to use: for combing the hair are those with slightly curved rims, two inches wide and six inches long; for the little girls to stick in front of their knots and for women to form a frame for their formal hairdressing are small ones, almost semi-circular in the curve of the rim; for the women to wind their hair into a knot on less formal occasions are almost straight-backed combs; for delousing are fine, double-edged combs. My mother chose wooden combs for smoothness and stoutness and put them at the bottom of the sesamum oil jar until the brittle yellow wood turned a deep rich brown. These combs, with teeth that bite and rarely break off, can be bought for three annas. We also had ivory and tortoise-shell combs for superior use. 302 412

Burmese blacksmiths have been busy since olden days, producing weapons for the hill people, agricultural implements, scissors, nut-crackers and fire-irons, and, above all, blades of all kinds (*dahs*). The dah is the universal implement in Burma. It serves as a fighting weapon in the form of a long *dahs*, a slender pointed steel blade, about 15 inches long, fixed by a tang into a long handle of cane 326 412

2:Scott G-5 (1870's-1909)1910 AP1 Burma
Burmese AP4

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every household in the town is occupied in the trade, is there any attempt at regular planting of nurseries. Nevertheless it is plentiful enough, and affords a magnificent spectacle when it is in flower—a huge forest tree covered so thickly with creamy-white blossoms that the leaves cannot be seen. The flowers have a fragrant scent not unlike that of apples, and the needy and practical Burman often makes a very acceptable curry of the buds. In full-grown trees the average height to the first branch is thirty feet, and the ordinary girth six feet from the ground is nine feet. Charcoal-burners have a predilection for the wood, which would not meet with approval in Japan; and it is much used for anchors and tool-helves, being very close and fine-grained. It is too heavy to float when green, but dried it is not particularly weighty. The sap may be collected at all times, except when the fruit is on the trees, from Pyatho to Tabaung—the first three months of the English year. Then it is thin and does not produce such a brilliant polish. The mode of collection is simple enough. Incisions are made in the stem, and the sap trickles into bamboos placed to catch it. When it is to be kept any time there must be a depth of two or three inches of water on the top, otherwise it would dry up and become solid. The water, however, does not improve it. The best varnish, called thi'si ayaungtin, is that which has been just drawn from the tree; the second quality contains twenty-five per cent of water, the inferior as much as fifty.

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The articles lacquered are chiefly drinking-cups and betel-boxes, the latter consisting of a cylindrical inner case, in which are fitted two or three trays for holding the lime, betel-vine leaves, cutch, nuts, and other ingredients for betel-chewing, the whole covered by an outer lid reaching to the bottom of the inner case. Ordinary kôn-it, betel-boxes, are three or four inches high and two and a half to three in diameter. Articles of the same shape are made of all sizes up to a couple of feet or more in height, these last being used for holding clothes and women's working materials. The bi-it, ladies' toilet-boxes, are often the most delicate and carefully worked. The actresses always carry splendid specimens about with them to contain their combs, oil, scent,

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2:Scott G-5 (1870's-1909)1910 APl Burma
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the white lead and thana'kha for the complexion, and a few tresses of false hair. Other articles are the pyramidal tamin-sa-ôk, used for carrying food to the monasteries and the pagodas, fashioned somewhat in the style of the sacred spires, of five or seven roofs, and of all sizes from eighteen inches to the huge things, the height of a man, which the king sent under the royal umbrellas to the Arakan pagoda in Mandalay. Byat, platters of all sizes, up to the gigantic circular tray as big as a small table, used for dishing up the family dinner, are always made of wood, like the Japan ware. The people do not think much of them, and they are therefore almost always quite plain, either black or red. There is no inferiority to the Japanese in capacity for sketching fantastic designs. The future may see great developments in this branch of the art, but at present it is practically untouched. It is unfortunate that enterprise so far has taken the form of making "peg" tumblers and cigar-cases instead of developing national forms.

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The process of manufacture is as follows: Little basket-like boxes of the required shape and size are woven of fine bamboo wicker-work, upon round chucks of wood prepared and firmly fixed for the purpose. The bamboos used, which are usually split and cleaned by the women and children, are of different kinds, that called myinwa being the most highly esteemed. Similarly, the yet, or woven basket-work, is of different degrees of excellence, the kyaungleinyet being the finest. Some of the Shans and better workmen at Nyaung-u are celebrated for the delicacy of their work. On this is then evenly applied with the hand (so that the slightest particle of sand or dirt may be at once detected) a coat of the pure wood-oil. This is then put away to dry—not in the sun, which is apt to pucker and blister it, but in a cool airy place. Some careful workmen have often an underground room prepared specially for the purpose. After three days it is quite dry and hard, and is then liberally and evenly covered over with a paste called thayo. This is made in a variety of ways, the commonest being a mixture of finely-sifted teak sawdust, thi'si, and rice-water. But instead of the sawdust, or often mixed with it, finely-ground bone-ash, or paddy-husk burnt and strained through a cloth,

2:Scott G-5 (1870's-1909)1910 AP1 Burma
Burmese AP4

ment as possible, to stimulate the thein-nats to exert themselves also. A lônswèthi sometimes continues for nearly an hour without definite result.

The "painted cheeks," or "fragrant cheeks," so frequently mentioned in all these love-songs, refers to the thana'kha, a sweet-scented, straw-coloured powder made from the bark and roots of the *Murraya paniculata*, a flowering shrub of the citron species. Some girls, and especially some actresses, have particular recipes for making up the cosmetic into a moist paste. It is applied with the finger, and a good deal of skill is exhibited in putting on the requisite amount. Unpractised hands usually smear on far too much, and it is as unsightly as a badly whitewashed outhouse. On others it is barely visible. All girls use it, and not a few town dandies.

The following may be regarded as somewhat of an approach to the European *vers de société*. I have not attempted to imitate the original metre:—

THE CIGAR-MAIDEN OF MADEYA, NEAR MANDALAY

Thy cheroots, so deftly fingered,
Famous are in Burma's land,
Many a chief has fondly lingered,
Watched the maiden's nimble hand.

Madeya, I'd spare to sing thee
For cheroots and dainty maids,
For their crispness doth but bring thee
Sorrow from the palace blades.

By the throne's great gilded grandeur
Sits the prince, cheroot in hand,
And behind him little Ma Nyo,
Pearl of all the village band.

Burnt up all my love and sighing,
Like the ash of his cigar;
Hopes dispelled and idly flying,
Like the smoke he puffs afar.

Thy cheroots so deftly fingered,
Madeya are silver-white,
But the prince that came and lingered,
Stole away the hamlet's light.